

Work with an Image Coach, Who Me?

13 Signals Alerting Your Need for an Image Coach.

By Clare Spiegel

An Image Coach can get you where you are going and reward you when you're there. Once you are armed with self-confidence and self esteem you can accomplish your dreams. Work with an Image Coach to create a wardrobe that highlights your best features, to develop a hairstyle that highlights you personality and to master a daily skin care and make-up regime that keeps you looking polished yet natural. Become the master of your destiny by getting organized, feeling comfortable in business meetings and mastering the art of social functions.

Guys and Gals - Here are 13 Reasons you may want an Image Coach.

1. You're planning the next step in your career.

Improve your personal image and style first and the new job will come naturally. It's important to look and feel like the people with whom you will be working.

2. You're a busy professional and have no time to study fashion, image, beauty and style.

You need someone who has the knowledge to help you look your best, feel your best and be your best. You want help with your wardrobe, hair, skin care and make-up. Mastering social functions will be nice, too.

3. You've risen in the company and need to develop better personal and business skills.

Dining etiquette, meeting etiquette, introductions, small talk, and networking are skills you need to develop quickly.

4. You've made a lot of money and now you want to look, feel and act the part.

Feeling self confident in every social situation makes life fun and exciting. Work with an image coach to create a classy modern wardrobe, develop your make-up techniques and perfect a carefree smart hairstyle. Brush up on your table etiquette and social skills.

5. You're going on a fabulous trip and need to get your wardrobe together.

The smart traveler creates many looks from a core of separates. Look great for meetings, evening and your casual sightseeing days while keeping your luggage to a minimum.

6. You're a senior in college.

Before interviewing or beginning your career, you want to understand and begin building an investment wardrobe.

7. Your hairstyle is from the past or the color needs a lift.

You know you need an update but you are fearful about where to go and what style to choose.

8. You have lots of clothes but nothing to wear.

9. You have a TV Interview or Media Tour.

Look your best, feel your best, act your best! Conquer your dreams.

10. You open the closet and, "Oh", you're out of date.

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11. You want to bring your image to the next level but have little funds.

12. You want your wardrobe to look current but also want your clothes to be useful for many years to come.

13. You feel the “Over 50’s” setting in.

You need a modern, classy update.

Creating style to take you into the next millenium is just as important as creating a plan for your financial future. Invest in yourself. Creating style helps you gain self-confidence and self-esteem and will be a major step in helping you reach your goals.

Here are a few questions you might like to ask to link with a qualified Professional Image Coach.

Will you help me define my desired image?

Will you help me create a plan to reach my image goal?

Will you work within my budget?

Will you help me determine my best colors?

Will you work with the wardrobe I already own and help me create new looks?

Will you help me create wardrobe looks for every lifestyle category in my life?

Will you chart my wardrobe looks so I can duplicate them easily?

Will you help me plan my shopping and create a list of what I need?

Will you shop with me? Can I shop alone?

Can you help me with my hairstyle, skin care and make-up?

Can you help me with dining tips and social skills?

Will you help me create a wardrobe for travel?

Do you have tips for packing?

Will you work with me season after season?

Can you prepare me for a TV interview?

I want to be a model and an actor. Can you help me get started?

Will you help me prepare for an important presentation?

Determine your needs and match those with the skills of the Image Coach. Have fun and reach for the stars!

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